

Mitjana: 42 Km./hora (8,57 segons per hectòmetre = 100 metres)

Km.	Temps	Km.	Temps	Km.	Temps
0,100	00:08,6	5,100	07:17,1	10,100	14:25,7
0,200	00:17,1	5,200	07:25,7	10,200	14:34,3
0,300	00:25,7	5,300	07:34,3	10,300	14:42,9
0,400	00:34,3	5,400	07:42,9	10,400	14:51,4
0,500	00:42,9	5,500	07:51,4	10,500	15:00,0
0,600	00:51,4	5,600	08:00,0	10,600	15:08,6
0,700	01:00,0	5,700	08:08,6	10,700	15:17,1
0,800	01:08,6	5,800	08:17,1	10,800	15:25,7
0,900	01:17,1	5,900	08:25,7	10,900	15:34,3
1,000	01:25,7	6,000	08:34,3	11,000	15:42,9
1,100	01:34,3	6,100	08:42,9	11,100	15:51,4
1,200	01:42,9	6,200	08:51,4	11,200	16:00,0
1,300	01:51,4	6,300	09:00,0	11,300	16:08,6
1,400	02:00,0	6,400	09:08,6	11,400	16:17,1
1,500	02:08,6	6,500	09:17,1	11,500	16:25,7
1,600	02:17,1	6,600	09:25,7	11,600	16:34,3
1,700	02:25,7	6,700	09:34,3	11,700	16:42,9
1,800	02:34,3	6,800	09:42,9	11,800	16:51,4
1,900	02:42,9	6,900	09:51,4	11,900	17:00,0
2,000	02:51,4	7,000	10:00,0	12,000	17:08,6
2,100	03:00,0	7,100	10:08,6	12,100	17:17,1
2,200	03:08,6	7,200	10:17,1	12,200	17:25,7
2,300	03:17,1	7,300	10:25,7	12,300	17:34,3
2,400	03:25,7	7,400	10:34,3	12,400	17:42,9
2,500	03:34,3	7,500	10:42,9	12,500	17:51,4
2,600	03:42,9	7,600	10:51,4	12,600	18:00,0
2,700	03:51,4	7,700	11:00,0	12,700	18:08,6
2,800	04:00,0	7,800	11:08,6	12,800	18:17,1
2,900	04:08,6	7,900	11:17,1	12,900	18:25,7
3,000	04:17,1	8,000	11:25,7	13,000	18:34,3
3,100	04:25,7	8,100	11:34,3	13,100	18:42,9
3,200	04:34,3	8,200	11:42,9	13,200	18:51,4
3,300	04:42,9	8,300	11:51,4	13,300	19:00,0
3,400	04:51,4	8,400	12:00,0	13,400	19:08,6
3,500	05:00,0	8,500	12:08,6	13,500	19:17,1
3,600	05:08,6	8,600	12:17,1	13,600	19:25,7
3,700	05:17,1	8,700	12:25,7	13,700	19:34,3
3,800	05:25,7	8,800	12:34,3	13,800	19:42,9
3,900	05:34,3	8,900	12:42,9	13,900	19:51,4
4,000	05:42,9	9,000	12:51,4	14,000	20:00,0
4,100	05:51,4	9,100	13:00,0	14,100	20:08,6
4,200	06:00,0	9,200	13:08,6	14,200	20:17,1
4,300	06:08,6	9,300	13:17,1	14,300	20:25,7
4,400	06:17,1	9,400	13:25,7	14,400	20:34,3
4,500	06:25,7	9,500	13:34,3	14,500	20:42,9
4,600	06:34,3	9,600	13:42,9	14,600	20:51,4
4,700	06:42,9	9,700	13:51,4	14,700	21:00,0
4,800	06:51,4	9,800	14:00,0	14,800	21:08,6
4,900	07:00,0	9,900	14:08,6	14,900	21:17,1
5,000	07:08,6	10,000	14:17,1	15,000	21:25,7

Mitjana: 43 Km./hora (8,37 segons per hectòmetre = 100 metres)

Km.	Temps	Km.	Temps	Km.	Temps
0,100	00:08,4	5,100	07:07,0	10,100	14:05,6
0,200	00:16,7	5,200	07:15,3	10,200	14:13,9
0,300	00:25,1	5,300	07:23,7	10,300	14:22,3
0,400	00:33,5	5,400	07:32,1	10,400	14:30,7
0,500	00:41,9	5,500	07:40,5	10,500	14:39,1
0,600	00:50,2	5,600	07:48,8	10,600	14:47,4
0,700	00:58,6	5,700	07:57,2	10,700	14:55,8
0,800	01:07,0	5,800	08:05,6	10,800	15:04,2
0,900	01:15,3	5,900	08:13,9	10,900	15:12,5
1,000	01:23,7	6,000	08:22,3	11,000	15:20,9
1,100	01:32,1	6,100	08:30,7	11,100	15:29,3
1,200	01:40,5	6,200	08:39,1	11,200	15:37,7
1,300	01:48,8	6,300	08:47,4	11,300	15:46,0
1,400	01:57,2	6,400	08:55,8	11,400	15:54,4
1,500	02:05,6	6,500	09:04,2	11,500	16:02,8
1,600	02:14,0	6,600	09:12,6	11,600	16:11,2
1,700	02:22,3	6,700	09:20,9	11,700	16:19,5
1,800	02:30,7	6,800	09:29,3	11,800	16:27,9
1,900	02:39,1	6,900	09:37,7	11,900	16:36,3
2,000	02:47,4	7,000	09:46,0	12,000	16:44,6
2,100	02:55,8	7,100	09:54,4	12,100	16:53,0
2,200	03:04,2	7,200	10:02,8	12,200	17:01,4
2,300	03:12,6	7,300	10:11,2	12,300	17:09,8
2,400	03:20,9	7,400	10:19,5	12,400	17:18,1
2,500	03:29,3	7,500	10:27,9	12,500	17:26,5
2,600	03:37,7	7,600	10:36,3	12,600	17:34,9
2,700	03:46,0	7,700	10:44,6	12,700	17:43,2
2,800	03:54,4	7,800	10:53,0	12,800	17:51,6
2,900	04:02,8	7,900	11:01,4	12,900	18:00,0
3,000	04:11,2	8,000	11:09,8	13,000	18:08,4
3,100	04:19,5	8,100	11:18,1	13,100	18:16,7
3,200	04:27,9	8,200	11:26,5	13,200	18:25,1
3,300	04:36,3	8,300	11:34,9	13,300	18:33,5
3,400	04:44,6	8,400	11:43,2	13,400	18:41,8
3,500	04:53,0	8,500	11:51,6	13,500	18:50,2
3,600	05:01,4	8,600	12:00,0	13,600	18:58,6
3,700	05:09,8	8,700	12:08,4	13,700	19:07,0
3,800	05:18,1	8,800	12:16,7	13,800	19:15,3
3,900	05:26,5	8,900	12:25,1	13,900	19:23,7
4,000	05:34,9	9,000	12:33,5	14,000	19:32,1
4,100	05:43,3	9,100	12:41,9	14,100	19:40,5
4,200	05:51,6	9,200	12:50,2	14,200	19:48,8
4,300	06:00,0	9,300	12:58,6	14,300	19:57,2
4,400	06:08,4	9,400	13:07,0	14,400	20:05,6
4,500	06:16,7	9,500	13:15,3	14,500	20:13,9
4,600	06:25,1	9,600	13:23,7	14,600	20:22,3
4,700	06:33,5	9,700	13:32,1	14,700	20:30,7
4,800	06:41,9	9,800	13:40,5	14,800	20:39,1
4,900	06:50,2	9,900	13:48,8	14,900	20:47,4
5,000	06:58,6	10,000	13:57,2	15,000	20:55,8

Mitjana: 44 Km./hora (8,18 segons per hectòmetre = 100 metres)

Km.	Temps	Km.	Temps	Km.	Temps
0,100	00:08,2	5,100	06:57,3	10,100	13:46,4
0,200	00:16,4	5,200	07:05,5	10,200	13:54,5
0,300	00:24,5	5,300	07:13,6	10,300	14:02,7
0,400	00:32,7	5,400	07:21,8	10,400	14:10,9
0,500	00:40,9	5,500	07:30,0	10,500	14:19,1
0,600	00:49,1	5,600	07:38,2	10,600	14:27,3
0,700	00:57,3	5,700	07:46,4	10,700	14:35,5
0,800	01:05,5	5,800	07:54,5	10,800	14:43,6
0,900	01:13,6	5,900	08:02,7	10,900	14:51,8
1,000	01:21,8	6,000	08:10,9	11,000	15:00,0
1,100	01:30,0	6,100	08:19,1	11,100	15:08,2
1,200	01:38,2	6,200	08:27,3	11,200	15:16,4
1,300	01:46,4	6,300	08:35,5	11,300	15:24,5
1,400	01:54,5	6,400	08:43,6	11,400	15:32,7
1,500	02:02,7	6,500	08:51,8	11,500	15:40,9
1,600	02:10,9	6,600	09:00,0	11,600	15:49,1
1,700	02:19,1	6,700	09:08,2	11,700	15:57,3
1,800	02:27,3	6,800	09:16,4	11,800	16:05,5
1,900	02:35,5	6,900	09:24,5	11,900	16:13,6
2,000	02:43,6	7,000	09:32,7	12,000	16:21,8
2,100	02:51,8	7,100	09:40,9	12,100	16:30,0
2,200	03:00,0	7,200	09:49,1	12,200	16:38,2
2,300	03:08,2	7,300	09:57,3	12,300	16:46,4
2,400	03:16,4	7,400	10:05,5	12,400	16:54,5
2,500	03:24,5	7,500	10:13,6	12,500	17:02,7
2,600	03:32,7	7,600	10:21,8	12,600	17:10,9
2,700	03:40,9	7,700	10:30,0	12,700	17:19,1
2,800	03:49,1	7,800	10:38,2	12,800	17:27,3
2,900	03:57,3	7,900	10:46,4	12,900	17:35,5
3,000	04:05,5	8,000	10:54,5	13,000	17:43,6
3,100	04:13,6	8,100	11:02,7	13,100	17:51,8
3,200	04:21,8	8,200	11:10,9	13,200	18:00,0
3,300	04:30,0	8,300	11:19,1	13,300	18:08,2
3,400	04:38,2	8,400	11:27,3	13,400	18:16,4
3,500	04:46,4	8,500	11:35,5	13,500	18:24,5
3,600	04:54,5	8,600	11:43,6	13,600	18:32,7
3,700	05:02,7	8,700	11:51,8	13,700	18:40,9
3,800	05:10,9	8,800	12:00,0	13,800	18:49,1
3,900	05:19,1	8,900	12:08,2	13,900	18:57,3
4,000	05:27,3	9,000	12:16,4	14,000	19:05,5
4,100	05:35,5	9,100	12:24,5	14,100	19:13,6
4,200	05:43,6	9,200	12:32,7	14,200	19:21,8
4,300	05:51,8	9,300	12:40,9	14,300	19:30,0
4,400	06:00,0	9,400	12:49,1	14,400	19:38,2
4,500	06:08,2	9,500	12:57,3	14,500	19:46,4
4,600	06:16,4	9,600	13:05,5	14,600	19:54,5
4,700	06:24,5	9,700	13:13,6	14,700	20:02,7
4,800	06:32,7	9,800	13:21,8	14,800	20:10,9
4,900	06:40,9	9,900	13:30,0	14,900	20:19,1
5,000	06:49,1	10,000	13:38,2	15,000	20:27,3

Mitjana: 44,50 Km./hora (8,09 segons per hectòmetre = 100 metres)

Km.	Temps	Km.	Temps	Km.	Temps
0,100	00:08,1	5,100	06:52,6	10,100	13:37,1
0,200	00:16,2	5,200	07:00,7	10,200	13:45,2
0,300	00:24,3	5,300	07:08,8	10,300	13:53,3
0,400	00:32,4	5,400	07:16,9	10,400	14:01,3
0,500	00:40,4	5,500	07:24,9	10,500	14:09,4
0,600	00:48,5	5,600	07:33,0	10,600	14:17,5
0,700	00:56,6	5,700	07:41,1	10,700	14:25,6
0,800	01:04,7	5,800	07:49,2	10,800	14:33,7
0,900	01:12,8	5,900	07:57,3	10,900	14:41,8
1,000	01:20,9	6,000	08:05,4	11,000	14:49,9
1,100	01:29,0	6,100	08:13,5	11,100	14:58,0
1,200	01:37,1	6,200	08:21,6	11,200	15:06,1
1,300	01:45,2	6,300	08:29,7	11,300	15:14,2
1,400	01:53,3	6,400	08:37,8	11,400	15:22,2
1,500	02:01,3	6,500	08:45,8	11,500	15:30,3
1,600	02:09,4	6,600	08:53,9	11,600	15:38,4
1,700	02:17,5	6,700	09:02,0	11,700	15:46,5
1,800	02:25,6	6,800	09:10,1	11,800	15:54,6
1,900	02:33,7	6,900	09:18,2	11,900	16:02,7
2,000	02:41,8	7,000	09:26,3	12,000	16:10,8
2,100	02:49,9	7,100	09:34,4	12,100	16:18,9
2,200	02:58,0	7,200	09:42,5	12,200	16:27,0
2,300	03:06,1	7,300	09:50,6	12,300	16:35,1
2,400	03:14,2	7,400	09:58,7	12,400	16:43,1
2,500	03:22,2	7,500	10:06,7	12,500	16:51,2
2,600	03:30,3	7,600	10:14,8	12,600	16:59,3
2,700	03:38,4	7,700	10:22,9	12,700	17:07,4
2,800	03:46,5	7,800	10:31,0	12,800	17:15,5
2,900	03:54,6	7,900	10:39,1	12,900	17:23,6
3,000	04:02,7	8,000	10:47,2	13,000	17:31,7
3,100	04:10,8	8,100	10:55,3	13,100	17:39,8
3,200	04:18,9	8,200	11:03,4	13,200	17:47,9
3,300	04:27,0	8,300	11:11,5	13,300	17:56,0
3,400	04:35,1	8,400	11:19,6	13,400	18:04,0
3,500	04:43,1	8,500	11:27,6	13,500	18:12,1
3,600	04:51,2	8,600	11:35,7	13,600	18:20,2
3,700	04:59,3	8,700	11:43,8	13,700	18:28,3
3,800	05:07,4	8,800	11:51,9	13,800	18:36,4
3,900	05:15,5	8,900	12:00,0	13,900	18:44,5
4,000	05:23,6	9,000	12:08,1	14,000	18:52,6
4,100	05:31,7	9,100	12:16,2	14,100	19:00,7
4,200	05:39,8	9,200	12:24,3	14,200	19:08,8
4,300	05:47,9	9,300	12:32,4	14,300	19:16,9
4,400	05:56,0	9,400	12:40,4	14,400	19:24,9
4,500	06:04,0	9,500	12:48,5	14,500	19:33,0
4,600	06:12,1	9,600	12:56,6	14,600	19:41,1
4,700	06:20,2	9,700	13:04,7	14,700	19:49,2
4,800	06:28,3	9,800	13:12,8	14,800	19:57,3
4,900	06:36,4	9,900	13:20,9	14,900	20:05,4
5,000	06:44,5	10,000	13:29,0	15,000	20:13,5